

Locality 1: Spondon Community Guide

April - September 2026



“Your Community, Your Guide”

This community guide provides information on your local area including support, opportunities and how to contact services. The Neighbourhood / Locality model focuses on ways to improve health and wellbeing for all, and support community ownership.

Working across Spondon, Oakwood and Chaddesden, your Neighbourhood Team support and connect people, community groups, local councillors and many other services that work in your neighbourhood every day.

We welcome your feedback on this guide, and we invite you to tell us what you would like to see included in future community guides.

The next guide will be out in October 2026.

To contact your Neighbourhoods Team email: neighbourhoods@derby.gov.uk



Welcome to the Spring / Summer edition of your Community Guide.

Spring and summer are great times to enjoy the outdoors. The days are longer, the weather is warmer, and everything looks bright and green. It is a perfect chance to enjoy nature and feel better in both your body and mind.

More daylight helps your body sleep better and can lift your mood. Time spent in nature can help you feel happier and healthier, as well as helping you move more and breathe fresh air. Studies show that spending just 20 minutes a day outside can help lower stress.

You don't need to travel far. Spondon has some lovely green spaces nearby. Locko Park is a great place for a walk, a jog, or just to enjoy the view. West Park Meadows Nature Reserve has lots of wildlife including 11 species of butterfly, 32 species of birds, and over 80 species of moth. Enjoy one of Spondon's fantastic play parks or take a short walk down your street and you can see birds, insects, and flowers all around.

Easy ways to enjoy nature include:

- Take a short walk each day.
- Play, run, or ride a bike outside.
- Have a picnic.
- Sit and read.
- Look for birds, bugs, and plants.
- Sit quietly and listen to nature.

These small habits can make a big difference. Being near green spaces can help you feel calmer and happier. Nature is good for your body too. Spending time outdoors can help your heart and keep your body active and strong. It can even help your immune system fight illness better.

Spring and summer are a great chance to build healthy habits. You don't need to do anything big. A short walk or a few quiet minutes outside can help. It's an easy way to feel better every day.

**NO PLACE
FOR HATE
IN DERBY**

Derby City Council has launched a city-wide campaign to send a clear and united message that abuse, harassment, bullying and hate have no place in Derby.

As part of the launch, more than 40 organisations across the city have signed a No Place for Hate pledge, committing to take practical and visible actions to challenge hate and support inclusion. These actions include working in partnership with Derby City Council to promote respect, reviewing internal policies, providing staff training on responding to hate crime and harassment, and making public commitments to zero tolerance.

The campaign follows a rise in abusive, threatening and aggressive language, including online abuse directed at communities, colleagues and councillors. In September 2025, Derby City Council resolved to tackle and condemn abuse and hate in all its forms, including racist and misogynistic abuse, homophobic and transphobic language, religious-based hate, and hate directed at disabled people. The No Place for Hate campaign has been developed as a key part of that commitment. For more information on the campaign please visit <https://www.derby.gov.uk/community-and-living/crime-prevention-community-safety/hate-crime/no-place-for-hate-in-derby/>

If your organisation would like to show their support, please email CommunitySafety@derby.gov.uk to sign the campaign pledge, to access physical resources and to become part of the No Place for Hate network.



Your local libraries need you!

Whether that's to pop along and explore the many books available, or to use their many services. A new service being introduced in the next few weeks are that all libraries are going to have blood pressure monitors that can be loaned out in the same way that books are. To access these, you will need to sign up as a member (for free).

Are you a local group who needs a space, would you like to improve your digital skills, or do you have a spare few hours where you might be interested in volunteering.

Derby Libraries are always looking for more volunteers to help us extend the library opening hours. If you are interested, please email libraries@derby.gov.uk and we will send you an application form.

SPONDON LIBRARY

Telephone: 01332 640065

Opening hours:

Monday	10am – 4.30pm
Tuesday	10am – 4.30pm
Wednesday	Closed
Thursday	10am – 4.30pm
Friday	Closed
Saturday	10am – 1pm

Regular activities at the Library:

Tuesdays

10.30-11.00 Rhymetime (FREE, DROP-IN)
13.00-15.00 Key Digital Skills (FREE, BOOKING REQUIRED)

Thursdays

10.00-12.00 Coffee Morning (FREE, DROP-IN)
11.30-12.00 Storytime (FREE, DROP-IN)
14.00-15.00 Shared Reading (FREE, DROP-IN, every 3rd Thursday of the month)

Saturdays

10.00-12.00 Coffee Morning (FREE, DROP-IN)

New Service: Blood Pressure Monitors available on loan from the library. The kits are free to borrow with your library card and are available to borrow for 1 week. You can renew once. Pop into the library to find out more.

Spondon Community

Monday – Thursday:

Community Care Hub, Craddock Avenue
Community Room, DE21 7HT.
10am-2pm

Tuesday:

Spondon VIP's Coffee Morning, The Village Club,
13 Chapel Street, DE21 7JP,
10am-12noon

Wednesday:

Welcome Place, Spondon Methodist Church,
Lodge Lane, Spondon, DE21 7GF.
10am – 1pm

Thursday:

Community Coffee Morning, Spondon Liberal
Club, 4 Moor Street, DE21 7EA, 10am-12noon

Nearby Events:

May 27th - 2pm-5pm Fit and Fun Event at Oakwood
Community Centre.

June 7th – 11am onwards, The Big One, Chaddesden Park

July 5th – 12pm-5pm, Oakfest at Oakwood Park.

Local Area Coordination



I'm Kim, the Local Area Coordinator for Spondon. I work with local people who want to work out what a good life might look like for them and start to make changes.

- Looking for Support?
- Want to change your life, but don't know where to start? Unsure where to go for help?
- Feeling down, isolated, or lonely?
- Wish you had someone who would listen and be on your side?

Email: Kim.Harris@derby.gov.uk

Phone: 07766 602570.

Social Prescribers

The social prescribing service can help with whatever has impact on your health and wellbeing, focusing on what matters to you. It all starts with a chat.

Ask at Reception of your GP Surgery for a free referral.

Support Services

Community Care Hub – Provides a foodbank, with fortnightly community meals and a space for a warm drink and support. Based in Craddock Avenue Community Room, Spondon, DE21 7HT.

Contact: communitychspondon@hotmail.com

Healthy Housing Hub – working to improve the lives of vulnerable people by reducing the risk of poor health and accidents at home. To find out if they can help you improve your home environment you can ask for a referral by any healthcare or social care worker.

Or contact them on -

Phone: 01332 640163.

Email: healthyhousing@derby.gov.uk

The Handyperson Service – a helping hand with home repairs for older people. This service can help with small jobs such as installing grab rails, smoke detectors, or toilet seat repairs.

Handyperson Contact: 01332 640134,

or email: home.repairs@derby.gov.uk

Bereavement Support Hub – a peer support group lead by trained volunteers from Treetops Hospice. A drop-in session to find support and connect with others dealing with grief. Every Thursday at Oakwood Community Centre, 10.30am-12.30pm.

Community Safety

Anti-social behaviour (ASB) where you live can make life miserable. Report it, and we can deal with it. Derby City Council works in partnership with Derbyshire Constabulary, Derby Homes, and other social housing providers to deal with it.

If you don't live in social housing, report ASB to Derby City Council. Telephone 01332 640000.

If you're a Derby Homes tenant, or the noise or ASB is coming from a Derby Homes tenant or property, report it directly to the Derby Homes ASB team. Telephone 01332 888777.

If your landlord is another housing association in Derby, report any issues to them first before contacting the Council or police.

Useful Contacts

Neighbourhood Team –

Lorraine Dryden - Lorraine.Dryden@derby.gov.uk

Liz Davis - Elizabeth.Davis@derby.gov.uk

Ward Councillors –

Jonathan Smale – Jonathan.Smale@derby.gov.uk

Chris Poulter – Christopher.Poulter@derby.gov.uk

Nicola Roulstone – Nicola.Roulstone@derby.gov.uk

Derby Homes – Contactus@derbyhomes.org

Telephone: 01332 888777.

Derbyshire Fire & Rescue Service

Fire safety advice, information on Kitchen Safety or information on Safe and Well checks www.derbyshire-fire.gov.uk or call 01332 777850.

Direct Help & Advice (Derby Law Centre)

information and advice around debt, housing issues & homelessness: 01332 287 850.

Community Legal Advice Service

Free legal advice clinic. Contact:

communitylegaladvice@derby.ac.uk